



WHEN DO I CALL 911?

Public Health officials are asking for your help. Your local 911 system (Police, Fire and EMS) may become overloaded because of patients requesting assistance when it is not a real emergency.

During this national emergency, we know and understand how anxious and overwhelmed people can become. However, we ask that all Oklahomans follow the CDC guidance for COVID-19 and **not call 911** when there isn't a real emergency.

When to Seek Medical Attention:

If you develop emergency warning signs for COVID-19 get medical attention immediately. Emergency warning signs include*:

- **Trouble breathing**
- **Persistent pain or pressure in the chest**
- **New confusion or inability to arouse**
- **Bluish lips or face**

*This list is not all inclusive. Please consult your medical provider for any other symptoms that are severe or concerning.

Call 911 if you have a medical emergency:

If you have a medical emergency and need to call 911, notify the operator that you have or think you might have, COVID-19. If possible, put on a facemask before medical help arrives.

We understand and appreciate how this guidance goes against everything that we have been taught and have come to expect from our all of our emergency services. However, the exposure risks are too high to risk calling EMS unless it is a true emergency.



STAY HOME.
STAY SAFE.
STAY INFORMED.