

Anyone can get tested for **COVID-19**, but **SHOULD** they?

FACT: 80% of people who get COVID-19 will have mild to moderate symptoms and will recover without medical care.

FACT: A positive test for the virus that causes COVID-19 will not change your healthcare provider's recommendations for medical care unless you are very sick and require hospitalization.

FACT: Test material and personal protective equipment are needed to care for the very sick requiring hospitalization.

FACT: A negative test does not mean you will not get COVID-19.

FACT: The demand for testing by people who are not very sick is putting a strain on healthcare systems.

The **PEOPLE** at **GREATEST NEED** to be **TESTED** for the virus that causes **COVID-19** are:

- People who are hospitalized and have symptoms of fever, cough, shortness of breath/difficulty breathing, chills, repeated shaking, muscle pain, headache, sore throat, and loss of taste or smell.
- People who have symptoms of COVID-19 and are living in or providing care to residents in an institutional setting, such as long-term care facilities, assisted living centers, etc.
- People who have signs and symptoms of COVID-19 and are healthcare workers.

If you are **NOT** in the group **ABOVE** and you think you **MIGHT** have COVID-19, the best thing you can do is stay home for **7 DAYS** after illness has started and your fever reduced.

If you have medical questions call the **Absentee Shawnee Tribal Health COVID-19 Information Line** at **405.695.1787**.



ABSENTEE SHAWNEE TRIBAL

HEALTH SYSTEM

Prevention. Progress. Pride.